

DISCIPLES

WEEK 5 Discipleship Journal

INTRODUCTION

We can learn something significant from every disciple we highlight in the Bible. Today lets talk about the value of journaling from one disciple who did it so effectively. Dr. Luke was motivated by a desire for others to have a reliable account of Jesus so they too could have the confidence to believe and follow Him. If we follow Luke's example of taking notes we will benefit from creating our own record of God's truth and grow in our faith.

DISCUSSION QUESTIONS

1. Can you share a memory of giving a restaurant server your food order only to have it come to the table totally wrong? What could have been done differently at the time of the order to have prevented that?
2. Read the opening remarks Luke 1:1-4 and Acts 1:1-2. Who was Luke writing to and what do you think his possible motivations could have been for doing so?
3. Read Habakkuk 2:1-3. The author was expecting God to answer him. How did he posture himself to hear from God and remember the instruction? What can you learn from this that could benefit you?
4. Read Psalm 119:15. The Psalmist recognized the importance of God's commands in this case. How could writing a few notes better help him to delight in those commands and to remember them?
5. Disciples journaling may be a very difficult concept for you. What can you share with each other to make this process a little easier?

MOVING FORWARD

A prayer: "Lord I am so grateful for Your activity in my life on a daily basis. Please help me as I do my best to write a few short notes of where I have observed Your involvement in my life." (prayer needs, key bible verses, things I'm thankful for, small insights, Sunday takeaways from church, and so on)