

### **WEEK 3: Changing the Conversation on Our Circumstances**

#### **INTRODUCTION**

"Because it happened, it's always going to happen". Our mind is a powerful thing and sometimes we can convince ourselves of a narrative based on our past experiences and circumstances. "Just my luck"..."I can never get a break"..."This sort of thing always happens to me". If we were able to change these conversations and understand God is a God of new beginnings, then maybe our mind can overcome these negative narratives we have been telling ourselves for years.

#### **DISCUSSION QUESTIONS**

1. What areas of your life do you feel you need to change the conversation?
2. How does the "Because it happened, it's always going to happen" mindset affect our day to day life?
3. What are a few practical things we can do to help change these conversations so we can "close the door" on our past circumstances?
4. How does the message of Jesus, and the Good News help us as we close the door on these thoughts?

#### **MOVING FORWARD**

"Your past simply describes where you have been; it does not decide where you are going."

#### **SCRIPTURES**

Isaiah 43:18-19  
2 Corinthians 5:17  
Isaiah 61:1-11